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MYALGIC ENCEPHALOMYELITIS / CHRONIC FATIGUE SYNDROME is a common, debilitating and costly disease. Diagnosing and managing complex chronic conditions such as this is not easy with a 15-minute consultation but this article, by Cathy Stephenson and Rose Silvester, provides a framework of evidence-based information for GPs working with patients with ME/CFS.



1 CR



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HOW MUCH DO YOU ALREADY KNOW?

Try this quiz

1. There is a biomarker currently available that can confirm or refute a diagnosis of ME/CFS.
True / False
2. Post-exertional malaise is an increase in symptoms resulting from the patient exceeding their energy envelope.
True / False
3. Deconditioning is a significant contributor to the severity of symptoms in ME/CFS.
True / False
4. ME/CFS is a leading cause of long-term school absence.
True / False
5. Approximately 95 percent of children with ME/CFS are undiagnosed.
True / False
6. In order to diagnose ME/CFS, a viral illness must precede the onset of fatigue.
True / False

QUIZ ANSWERS 1. FALSE 2. TRUE 3. FALSE 4. TRUE 5. TRUE 6. FALSE